

# Leckhampton Flu Clinics 2020

**Please support your local surgery and get your vaccination at one of our clinics!**

We are sure you agree that this year it is more vital than ever that we achieve a high vaccination uptake for the flu vaccine in order to avoid the risks of an influenza epidemic at the same time as another potential spike in Covid 19.

At Leckhampton Surgery we want to offer our patients the highest possible protection.

However it is important to note that the flu vaccination does NOT provide any protection against the Coronavirus but DOES ensure you have the best protection against influenza.

There is currently no vaccination available for Covid19.

We know our patients are keen to support the surgery at all times and, especially during this difficult year we have been amazed at how you have worked with and supported us to continue to offer almost all our usual care safely. Thank you.

By having your flu vaccine with us, instead of at your local pharmacy, it will provide essential income to the practice that we will use to maintain our high quality services.

Please note our current flu clinic appointments are for OVER 65s and those in clinical risk groups (aged 18 to under 65 years), pregnant ladies and registered carers.

**Our on line booking system is now open for those already registered to use it otherwise please telephone reception after 2pm Monday to Friday to book your appointment. [Book your appointment now!](#)**

**Our Flu clinics will be held at Shurdington Community Centre, Millennium Hall on;**

<b>Tuesday 22 September;</b>	<b>10:00-12:45 (over 65's only)</b>
	<b>13:45-16:30 (over 65's only)</b>
<b>Saturday 26<sup>th</sup> September</b>	<b>10:0-12:45 (over 65's only)</b>
	<b>13:45-16:30 (clinical risk groups aged 18-under 65 only)</b>
<b>Tuesday 13<sup>th</sup> October</b>	<b>10:00-12:45 (over 65's only)</b>
	<b>13:45-16:30 (over 65's only)</b>
<b>Saturday 17<sup>th</sup> October</b>	<b>10:00-12:45 (over 65's only)</b>
	<b>13:45-16:30 (clinical risk groups aged 18 – under 65 only)</b>

**We are awaiting guidance from NHS England regarding the other outlined groups (ages 50-64)**

# Are you eligible for a free flu jab?

You are eligible to receive a free flu jab if you:

- are 65 years of age or over
- are pregnant
- have certain medical conditions such as:
  - chronic (long-term) respiratory diseases, such as **bronchitis**
  - chronic heart disease, such as **heart failure**
  - **chronic kidney disease**
  - chronic liver disease, such as **hepatitis**
  - chronic neurological conditions, such as **multiple sclerosis (MS)**
  - **diabetes**
- problems with your spleen – for example, **sickle cell** disease or if you have had your spleen removed
- a weakened immune system as the result of conditions such as **chemotherapy**
- being seriously overweight (BMI of 40 or above)
- are living in a long-stay residential care home or other long-stay care facility
- Frontline health or social care workers
- receive a carer's allowance, or you are the main carer for an elderly or disabled person whose welfare may be at risk if you fall ill
- Anyone living in a household with somebody on the NHS Shielded patient list
- children over the age of 6 months with a long-term health condition
- children aged 2 and 3 on 31<sup>st</sup> August 2020
- children in primary school and school year 7 in secondary school (those aged 11 on 31 August 2020)
- Children aged between 6 months and 2 years of age who are eligible for the flu vaccine should have the flu jab
- Children eligible for the flu vaccine aged between 2 and 17 will usually have the **flu vaccine nasal spray**.

To comply with government regulations around social distancing and protecting our vulnerable patients we have made some changes to the normal flu clinics. – [what can I do to help make the flu clinic run smoothly and safely.](#)

## External Websites

Gov.uk (PDF) - [Flu Vaccination who needs it and why](#)

Flu and the Flu Vaccine – NHS - [Flu vaccine - NHS](#)